



MINISTRY OF ECONOMY
DEPARTMENT OF STATISTICS MALAYSIA

STATISTICS OF LIFE EXPECTANCY, MALAYSIA, 2026^e

2024

74.9 years

2025^p

75.2 years

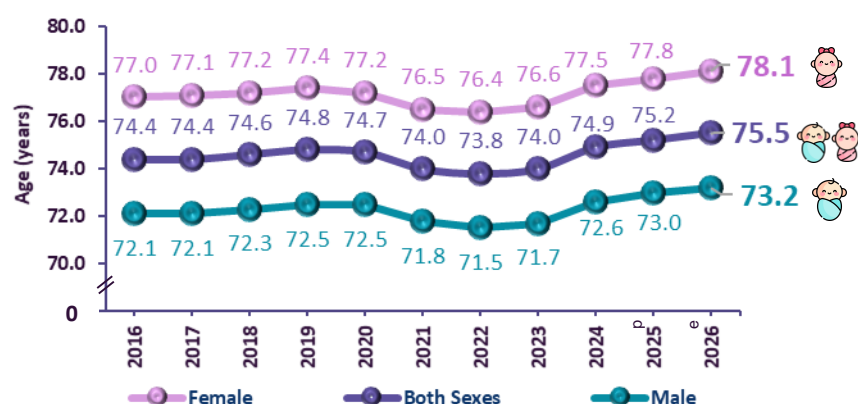
2026^e

75.5 years

Life expectancy at birth
increased by **0.6 years** for the
period of 2024 to 2026



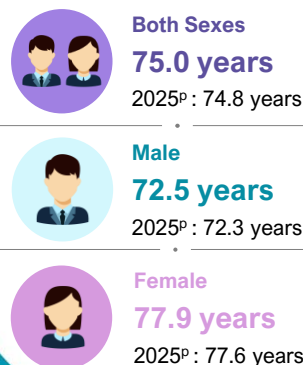
LIFE EXPECTANCY AT BIRTH, 2016-2026^e



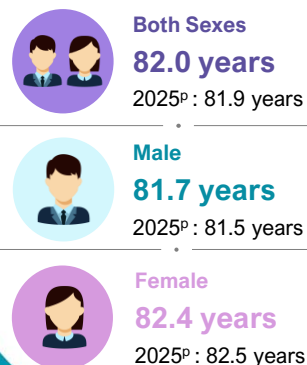
Females born in 2026 are expected to live
4.9 years longer than males

LIFE EXPECTANCY AT BIRTH BY CITIZENSHIP

CITIZENS

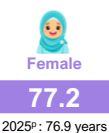
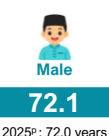
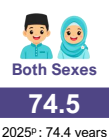


NON-CITIZENS

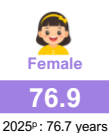
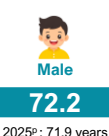


LIFE EXPECTANCY AT BIRTH BY MAJOR ETHNIC GROUP

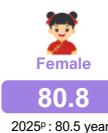
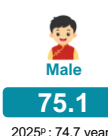
MALAY



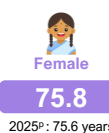
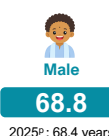
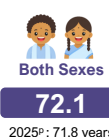
OTHER BUMIPUTERA



CHINESE



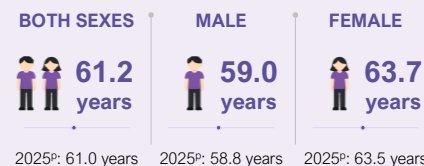
INDIANS



Chinese recorded the **highest** life expectancy at birth
in 2026 as compared to other ethnic groups with
75.1 years (male) dan **80.8 years** (female)

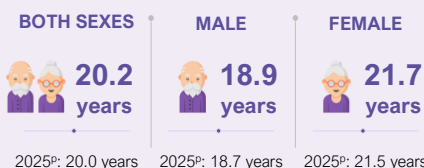
LIFE EXPECTANCY AT SPECIFIC AGE

15
YEARS



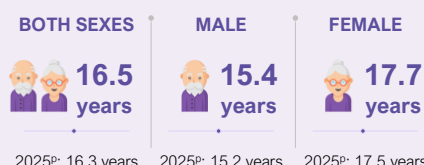
Males at the age of
15 years in 2026 is
expected to live
another **59.0 years**
and females
another **63.7 years**

60
YEARS



Males at the age of
60 years in 2026 is
expected to live
another **18.9 years**
and females
another **21.7 years**

65
YEARS



Males at the age of
65 years in 2026 is
expected to live
another **15.4 years**
and females
another **17.7 years**

Notes: ^p Preliminary
^e Estimates

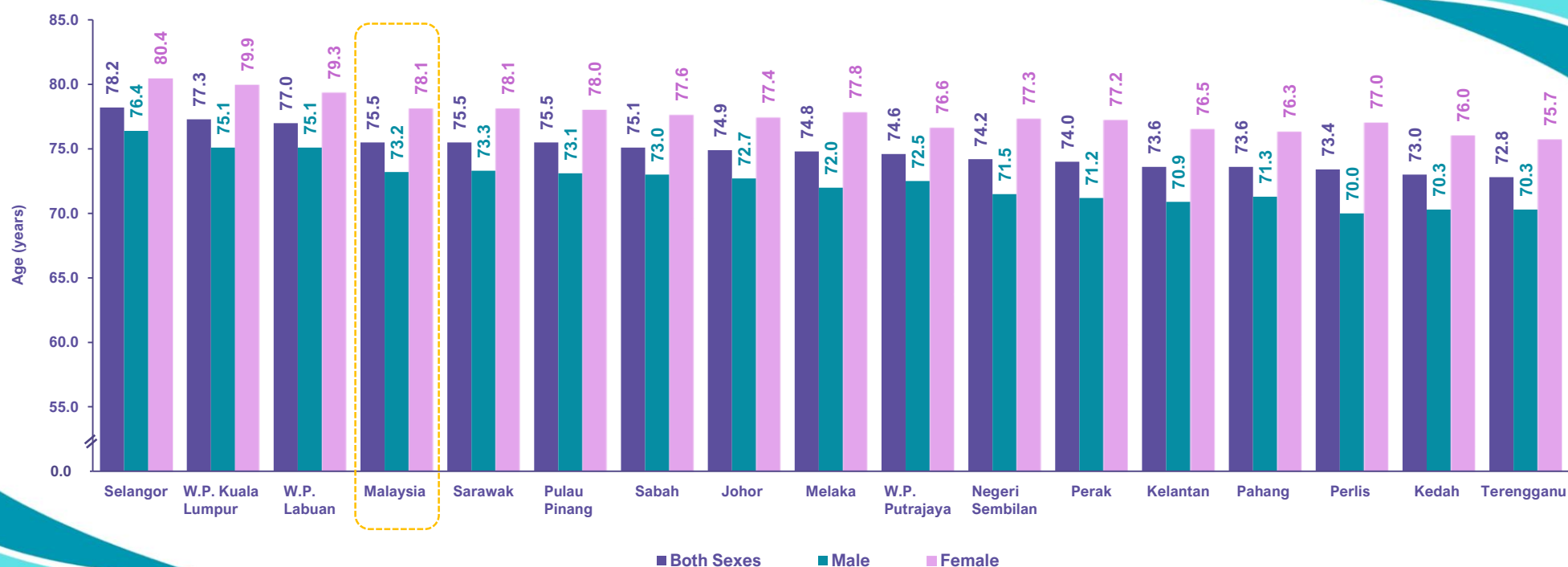


@StatsMalaysia

Source: Abridged Life Tables, Malaysia, 2024-2026,
Department of Statistics Malaysia (DOSM)



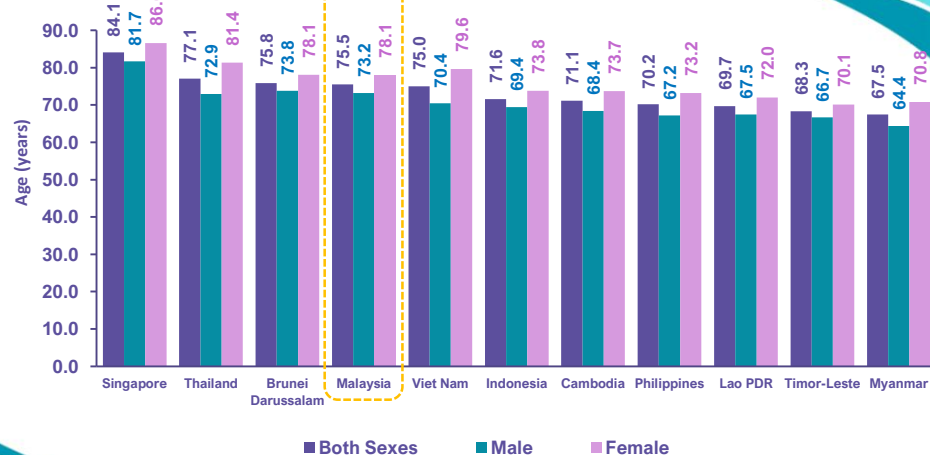
LIFE EXPECTANCY AT BIRTH BY STATE, MALAYSIA, 2026^e



LIFE EXPECTANCY BY STATE

Three states recorded life expectancy above the national level (75.5 years), namely **Selangor** (78.2 years), **W.P. Kuala Lumpur** (77.3 years) and **W.P. Labuan** (77.0 years)

LIFE EXPECTANCY AT BIRTH, BY ASEAN COUNTRIES, 2026^a



Three ASEAN countries recorded life expectancy above the Malaysia level (75.5 years) in year 2026, namely **Singapore** (84.1 years), **Thailand** (77.1 years) and **Brunei Darussalam** (75.8 years)

LIFE EXPECTANCY AT BIRTH, BY SELECTED COUNTRIES, 2026^a



Notes:

- Estimates
- Statistics of life expectancy at birth in 2026 for ASEAN and selected countries are obtained from the World Population Prospects 2026 except Malaysia (latest release)





LIFE EXPECTANCY AT BIRTH BY MAJOR ETHNIC GROUP,
SEX AND STATE, MALAYSIA, 2026^e

(years)

 STATE	 MALAY			 CHINESE			 INDIANS		
									
 Malaysia	74.5	72.1	77.2	77.7	75.1	80.8	72.1	68.8	75.8
 Johor	73.6	71.2	76.3	76.6	74.0	79.7	70.2	66.8	74.0
 Kedah	72.4	69.6	75.4	76.1	73.1	79.4	70.5	66.2	74.9
 Kelantan	73.4	70.6	76.3	77.3	74.8	80.4	75.1	72.3	78.2
 Melaka	73.6	70.9	76.5	77.6	74.4	81.3	71.2	67.0	75.5
 Negeri Sembilan	73.6	71.0	76.4	77.5	74.7	80.8	70.8	67.2	74.9
 Pahang	73.3	70.8	76.1	75.5	72.4	79.3	71.7	68.2	75.7
 Perak	72.6	69.8	75.5	76.9	73.7	80.7	71.1	66.6	75.8
 Perlis	72.8	69.2	76.5	76.8	74.8	79.2	78.4	75.8	81.0
 Pulau Pinang	73.1	71.0	75.3	78.0	75.4	81.0	70.0	66.9	73.4
 Sabah	68.4	66.2	70.6	72.9	70.5	76.2	69.3	65.1	78.2
 Sarawak	74.7	72.3	77.4	78.1	75.6	80.9	74.0	70.3	81.5
 Selangor	78.4	76.6	80.4	79.2	76.9	81.8	73.6	70.9	76.6
 Terengganu	72.6	69.9	75.5	76.5	73.8	79.8	68.9	63.5	78.8
 W.P. Kuala Lumpur	77.6	75.7	79.7	77.4	74.7	80.5	74.4	71.3	77.9
 W.P. Labuan	71.3	68.7	74.5	78.3	73.9	82.8	71.3	64.6	80.8
 W.P. Putrajaya	74.6	72.6	76.5	N/A	N/A	N/A	71.2	68.7	74.0

Notes:
i. ^e Estimates
ii. N/A – Life expectancy at birth cannot be calculated due to insufficient data





THREE ADMINISTRATIVE DISTRICTS WITH THE HIGHEST LIFE EXPECTANCY AT BIRTH BY STATE, MALAYSIA, 2026^e



JOHOR

1	Kulai	77.4
2	Johor Bahru	76.3
3	Muar	76.2



KEDAH

1	Kulim	75.7
2	Kuala Muda	74.6
3	Kota Setar	72.8



KELANTAN

1	Kota Bharu	74.6
2	Pasir Mas	73.9
3	Tanah Merah	73.9



MELAKA

1	Melaka Tengah	75.2
2	Alor Gajah	74.0
3	Jasin	73.9



NEGERI SEMBILAN

1	Seremban	75.8
2	Jelevu	73.1
3	Tampin	72.5



PAHANG

1	Cameron Highlands	77.3
2	Kuantan	76.5
3	Lipis	74.1



PERAK

1	Kinta	76.3
2	Muallim	75.7
3	Bagan Datuk	75.3



PERLIS

1	Perlis	73.4
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SARAWAK

1	Samarahan	80.9
2	Kuching	77.3
3	Bintulu	77.3



PULAU PINANG

1	Timur Laut	77.0
2	Barat Daya	75.8
3	Seberang Perai Tengah	75.5



SABAH

1	Kalabakan	80.4
2	Telupid	79.5
3	Lahad Datu	78.8



W.P. KUALA LUMPUR

1	W.P. Kuala Lumpur	77.3
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SELANGOR

1	Petaling	80.2
2	Sepang	78.7
3	Ulu Langat	78.4



TERENGGANU

1	Marang	74.2
2	Kuala Nerus	74.0
3	Kemaman	73.0



W.P. PUTRAJAYA

1	W.P. Putrajaya	74.6
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W.P. LABUAN

1	W.P. Labuan	77.0
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FIVE ADMINISTRATIVE DISTRICTS WITH THE HIGHEST LIFE EXPECTANCY AT BIRTH, 2026^e

1 80.9 years
Samarahan

2 80.4 years
Kalabakan

3 80.2 years
Petaling

4 79.5 years
Telupid

5 78.8 years
Lahad Datu

