



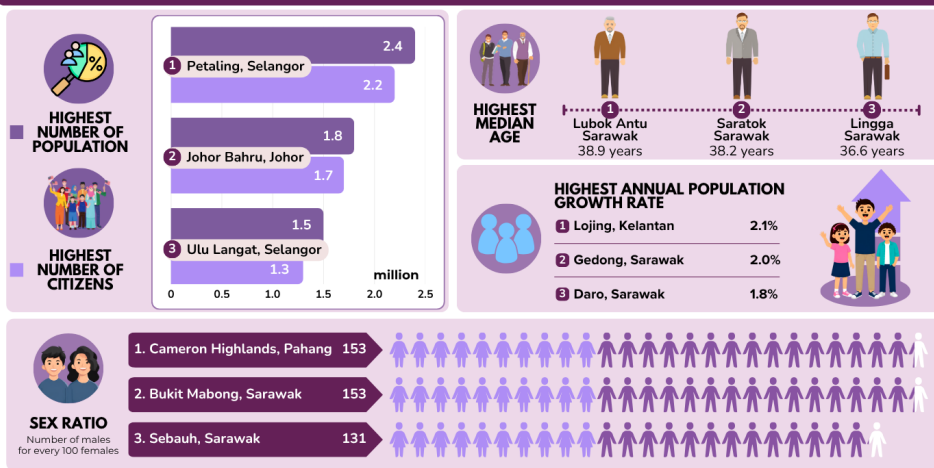
MINISTRY OF ECONOMY
DEPARTMENT OF STATISTICS MALAYSIA

CURRENT POPULATION ESTIMATES BY ADMINISTRATIVE DISTRICT, 2026

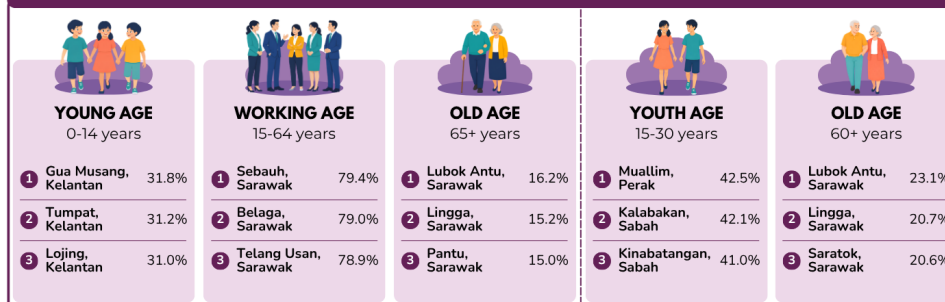


CURRENT POPULATION ESTIMATES, ADMINISTRATIVE DISTRICT, 2026^P

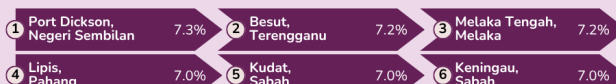
MAIN INDICATORS, 2026^P



3 DISTRICTS WITH HIGHEST AGE COMPOSITION, 2026^P



6 NEW AGEING DISTRICTS 2026^P



Notes:

- i. ^P Preliminary
- ii. The data displayed refers to the mid-year population estimates of 2025-2026 based on the Population and Housing Census Malaysia, 2020.
- iii. The added total may differ due to rounding.



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Source : Current Population Estimates, Malaysia, 2026
Department of Statistics Malaysia (DOSM)

POPULATION IN MALAYSIA, 2026

INTRODUCTION

The Current Population Estimates by Administrative Districts present the population estimates in Malaysia for 2025 and 2026. The annual current population estimates are based on the Population and Housing Census Malaysia, 2020. The population estimates use cohort-component method which comprise of births, deaths and migration. These estimates used the bottom-up approach. The population is estimated according to single age, ethnic group and sex at district level.

The current population estimates data for 2026 will be finalised upon receiving the latest components data.

MAIN FINDINGS

- The district of Petaling, Selangor registered the highest population in 2026 at 2.4 million, followed by Johor Bahru, Johor (1.8 million) and Ulu Langat, Selangor (1.5 million).
- Females outnumbered males in 14 districts which comprised Muallim, Perak with sex ratio of 92 males for every 100 females, followed by Bachok, Kelantan (94); Samarahan, Sarawak (94); Song, Sarawak (95); Kubang Pasu, Kedah (97); Saratok, Sarawak (97); Kota Setar, Kedah (98); Pasir Puteh, Kelantan (98); Tumpat, Kelantan (98); Julau, Sarawak (98); Machang, Kelantan (99); Maradong, Sarawak (99); Kanowit, Sarawak (99) and Kuala Nerus, Terengganu (99).
- The highest median age in 2026 was recorded in Lubok Antu (38.9 years), followed by Saratok (38.2 years) and Lingga (36.6 years) in Sarawak.
- Six districts emerged as ageing districts with its population aged 65 years and over reached 7.0 per cent in 2026, namely Port Dickson, Negeri Sembilan; Besut, Terengganu; Melaka Tengah, Melaka; Lipis, Pahang; Kudat, Sabah and Keningau, Sabah.
- The highest total dependency ratio in 2026 was recorded in Kelantan and Sarawak, namely in Tumpat, Kelantan (63.6), Song, Sarawak (62.7), Gedong, Sarawak (61.3), Pasir Puteh, Kelantan (59.3) and Gua Musang, Kelantan (58.9).
- Petaling, Selangor has the highest population density with 4,779 persons per square kilometre, followed by Timur Laut, Pulau Pinang (4,085 persons) and Putatan, Sabah (2,377 persons).

Exhibit 1: The Current Population Estimates Publication by Administrative Districts, 2026



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