



MINISTRY OF ECONOMY
DEPARTMENT OF STATISTICS MALAYSIA

MEDIA RELEASE

ABRIDGED LIFE TABLES, MALAYSIA, 2024-2026

**On Average, Babies Born in Malaysia in 2026
Expected to Live 75.5 Years**

PUTRAJAYA, 30 SEPTEMBER 2026 – The Department of Statistics Malaysia (DOSM) releases publication on **Abridged Life Tables, Malaysia, 2024-2026** today. This publication contains abridged life tables by age group, ethnic group and sex at Malaysia and state level for the year of 2024-2026. This publication also presents abridged life tables by 162 administrative districts which cover age group and sex.

A baby born in 2026 on average is expected to live until 75.5 years. On average, a baby girl born is expected to live up until 78.1 years, 4.9 years longer than a baby boy at 73.2 years.

The highest life expectancy at birth for males and females by state for the period of 2024 to 2026 was recorded in Selangor (2024:77.6 years; 2025:77.9 years; 2026:78.2 years), while Terengganu (2024:72.0 years; 2025: 72.6 years; 2026:72.8 years) recorded the lowest life expectancy for the same period. There are three states that exceeded the national level life expectancy (75.5 years) for 2026 namely Selangor (78.2 years), W.P. Kuala Lumpur (77.3 years) and W.P. Labuan (77.0 years).

At the administrative district levels, Samarahan, Sarawak, recorded the highest life expectancy at birth for three consecutive years, increasing from 80.3 years in 2024 to 80.6 years in 2025 and 80.9 years in 2026. In contrast, Kecil Lojing, Kelantan recorded the lowest life expectancy at birth for 2024 (65.3 years), 2025 (66.2 years) and 2026 (65.8 years). Overall, 32 out of 162 districts surpassed national life expectancy (75.5 years). The life expectancy at birth was highest for males in Kalabakan, Sabah (79.8 years) and females in Samarahan, Sarawak (82.8 years).

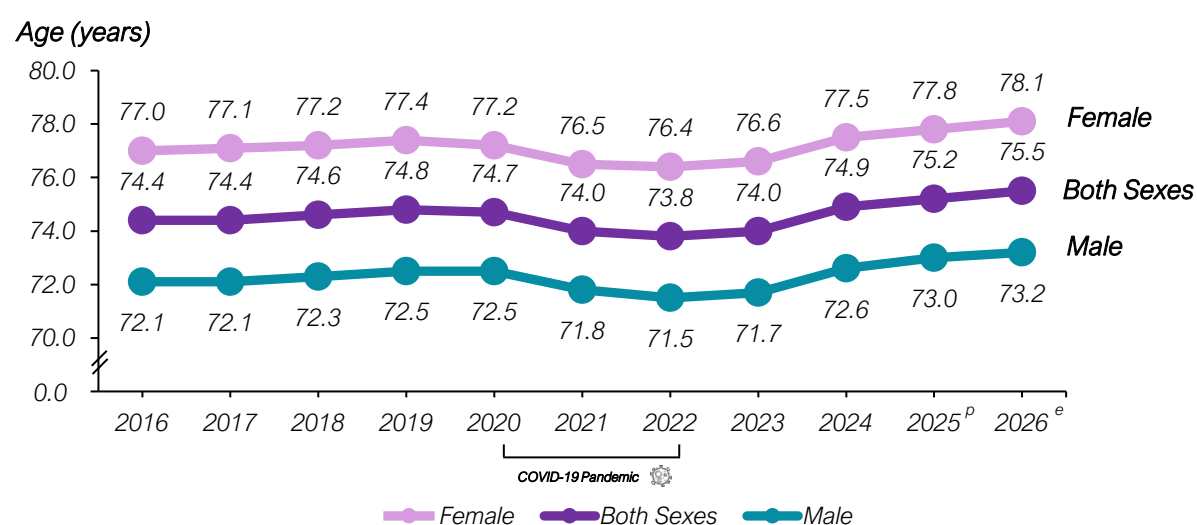
Life expectancy at birth in 2019 increased by 0.4 years as compared to 2016. Male life expectancy increased by 0.4 years from 72.1 years to 72.5 years, while female life expectancy also increased by 0.4 years. However, life expectancy at birth in 2022 decreased by 0.9 years with life expectancy for males decreasing by 1.0 year and females decreased by 0.8 years as compared to 2020. In 2026, life expectancy at birth increased by 1.5 years as compared to 2023. The increase in life expectancy is due to the lower number of deaths for the year 2023 to 2026 as compared to the

2020 to 2022 period which was attributed to excess deaths during the COVID-19 pandemic.

Males who reach the age of 15 and 60 years in 2026 are expected to live for another 59.0 years and 18.9 years, respectively. This indicates that males aged 15 and 60 years in 2026 is expected to live until the age of 74.0 years and 78.9 years, respectively. On the other hand, females in the same age groups are expected to live for another 63.7 years and 21.7 years, with life expectancy of 78.7 years and 81.7 years, respectively.

The highest life expectancy at birth was recorded by Chinese with 75.1 years (male) and 80.8 years (female) in 2026. In contrast, the lowest life expectancy at birth for males and females is recorded by Indians with 68.8 years and 75.8 years, respectively for the same year.

Chart 1: Life expectancy at birth by sex, Malaysia, 2016-2026

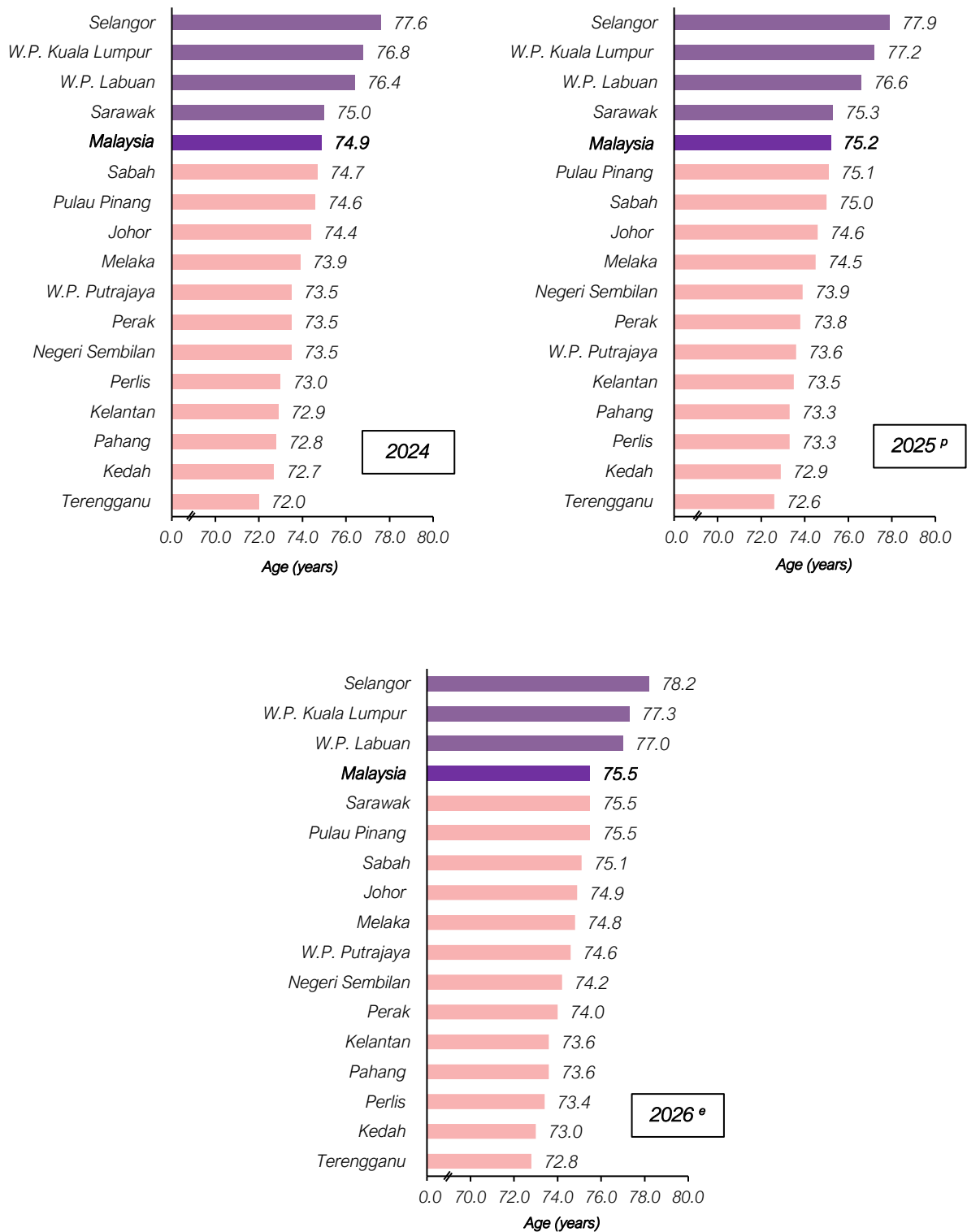


Notes:

^p Preliminary

^e Estimates

Chart 2: Life expectancy at birth by state, Malaysia, 2024-2026



Notes:

^P Preliminary

^e Estimates

Chart 3: Changes in life expectancy at birth by sex, Malaysia, 2016 & 2019, 2020 & 2022 and 2023 & 2026

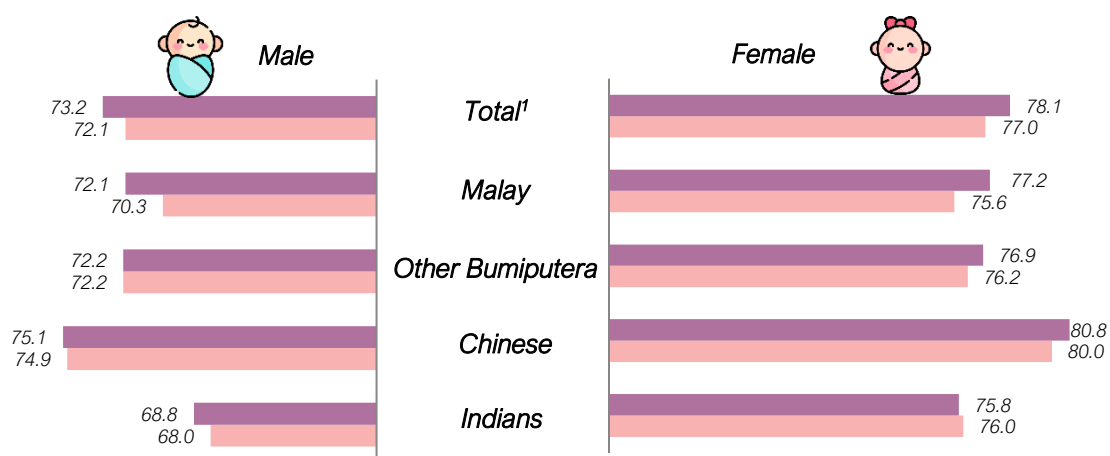


Notes:

2016-2019: Based on Population and Housing Census of Malaysia 2010

2020-2026: Based on Population and Housing Census of Malaysia 2020

Exhibit 1: Life expectancy at birth by ethnic group and sex, Malaysia, 2016 and 2026



Notes:

¹ Includes Others (Citizens) and Non-citizens

^e Estimates

Released by:

**THE OFFICE OF CHIEF STATISTICIAN
DEPARTMENT OF STATISTICS MALAYSIA
30 SEPTEMBER 2026**