



Current Population Estimates, Administrative District, 2025



3 MOST POPULOUS DISTRICTS

1	Petaling, Selangor	2.4 million
2	Johor Bahru, Johor	1.8 million
3	Ulu Langat, Selangor	1.5 million



TOP 3 DISTRICTS WITH THE HIGHEST ANNUAL POPULATION GROWTH RATE

1	Kecil Lojing, Kelantan	3.6%
2	Marang, Terengganu	1.6%
3	Kemaman, Terengganu	1.4%



3 MOST POPULOUS DISTRICTS CITIZENS

1	Petaling, Selangor	2.1 million
2	Johor Bahru, Johor	1.7 million
3	Ulu Langat, Selangor	1.3 million



TOP 3 DISTRICTS WITH THE HIGHEST SEX RATIO

1	Cameron Highlands, Pahang	153
2	Bukit Mabong, Sarawak	152
3	Belaga, Sarawak	131

Males for every 100 females



TOP 3 DISTRICTS WITH THE HIGHEST MEDIAN AGE

1	Lubok Antu, Sarawak	38.8 years
2	Saratok, Sarawak	38.1 years
3	Kabong, Sarawak	35.8 years

TOP 3 DISTRICTS WITH THE HIGHEST COMPOSITION OF CITIZENS BY ETHNIC GROUP



1	Setiu, Terengganu	99.8%
2	Nabawan, Sabah	99.6%
3	Hulu Terengganu, Terengganu	99.4%



1	Timur Laut, Pulau Pinang	63.5%
2	Sibu, Sarawak	48.0%
3	Kampar, Perak	47.7%



1	Bagan Datuk, Perak	23.1%
2	Klang, Selangor	18.6%
3	Port Dickson, Negeri Sembilan	18.2%



1	Padang Terap, Kedah	7.2%
2	Kinabatangan, Sabah	7.1%
3	Kunak, Sabah	6.0%



10 NEW AGEING DISTRICTS

1	Seremban, Negeri Sembilan	7.4%
2	Jerantut, Pahang	7.3%
3	Kluang, Johor	7.2%
4	Kuantan, Pahang	7.2%
5	Bachok, Kelantan	7.1%
6	Pontian, Johor	7.1%
7	Subis, Sarawak	7.1%
8	Alor Gajah, Melaka	7.0%
9	Keningau, Sabah	7.0%
10	Seberang Perai Selatan, Pulau Pinang	7.0%

Notes:
i. Preliminary
ii. The data displayed refers to the mid-year population estimates of 2024-2025 based on the Population and Housing Census Malaysia, 2020.
iii. The added total may differ due to rounding.

Source : Current Population Estimates, Administrative District, 2025
Department of Statistics Malaysia (DOSM)

30 highest population by administrative districts and growth rate, 2025



All Northern Malaysia's Districts Now Ageing

- Ten districts emerged as new ageing districts (population aged 65 years and over reached 7.0%) in 2025, namely Seremban, Negeri Sembilan; Jerantut, Pahang; Kluang, Johor; Kuantan, Pahang; Bachok, Kelantan; Pontian, Johor; Subis, Sarawak; Alor Gajah, Melaka; Keningau, Sabah and Seberang Perai Selatan, Pulau Pinang. Thus, all districts in northern Malaysia are now classified as ageing districts.
- District of Petaling, Selangor registered the highest population in 2025 at 2.4 million, followed by Johor Bahru, Johor (1.8 million) and Ulu Langat, Selangor (1.5 million). Meanwhile, Kecil Lojing, Kelantan recorded the highest growth rate at 3.6 per cent, followed by Marang, Terengganu (1.6%) and Kemaman, Terengganu (1.4%). Bukit Mabong, Sarawak records the lowest population with 10.7 thousand followed by Song, Sarawak (10.4 thousand) and Tanjung Manis, Sarawak (7.9 thousand).
- Three districts in Kelantan recorded the highest share of young population aged 0-14 years in 2025, with Gua Musang (32.4%), Kecil Lojing (31.9%) and Tumpat (31.6%). For the working-age group (15–64 years), Sebauh, Sarawak led with 80.0 per cent, followed by Belaga, Sarawak (78.8%) and Kinabatangan, Sabah (78.4%). Lubok Antu, Sarawak, registered the highest percentage of old age population aged 65 years and over at 15.7 per cent.
- Lubok Antu, Sarawak, recorded the highest median age of 38.8 years in 2025, followed by Saratok, Sarawak (38.1 years) and Kabong, Sarawak (35.8 years). Tumpat, Kelantan has the highest total dependency ratio of 64.1 and the highest young age dependency ratio at 51.9. The highest old age dependency ratio is recorded in Lubok Antu, Sarawak (23.6).
- Females outnumbered males in thirteen districts which comprise Muallim, Perak with sex ratio of 92 males for every 100 females, followed by Bachok, Kelantan (94); Samarahan, Sarawak (94); Song, Sarawak (96); Kubang Pasu, Kedah (97); Saratok, Sarawak (97); Julau, Sarawak (98); Pasir Puteh, Kelantan (98); Tumpat, Kelantan (98); Kanowit, Sarawak (99); Kota Setar, Kedah (99), Machang, Kelantan (99) and Maradong, Sarawak (99). Cameron Highlands, Pahang recorded the highest sex ratio in 2025 with 153 males for every 100 females followed by Bukit Mabong, Sarawak (152) and Belaga, Sarawak (131).
- Petaling, Selangor has the highest population density with 4,858 persons per square kilometre, followed by Timur Laut, Pulau Pinang (4,748 persons) and Seberang Perai Tengah, Pulau Pinang (1,895 persons).

