

Let's prepare for super ageing nation so we can meet our end with comfort, dignity

In less than a decade, the number of people aged 60 and above will hit 15.3 per cent of the population.

Additionally, the **Department of Statistics** said Malaysians can expect to live an average of 75.6 years in 2021, up from 63.6 years in 2011, indicating a longer life-span.

The emphasis on senior citizens was reflected in Malaysia's five-year plans, particularly the Fourth Malaysia Plan (4MP) 1981–1985, which first saw a significant shift in the demographic of the elderly population.

At that time, better healthcare had enhanced life expectancy from 68 to 70.

<https://www.nst.com.my/opinion/columnists/2022/09/831668/lets-prepare-super-ageing-nation-so-we-can-meet-our-end-comfort>