

Costlier coconuts but cheaper rice

Lemons also among foods with increased prices

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PETALING JAYA: The average price of grated coconut went up by 37.9% last year, the biggest increase in a list of 125 food items and other daily necessities tracked by the Department of Statistics Malaysia (DOSM).

According to DOSM's figures, the average price for 1kg of grated coconut rose by RM3.16, from RM8.33 in 2024 to RM11.49 in 2025.

Fresh coconut milk ranked second with a 33.10% increase, followed by lemons at 19.86%, barramundi (siakap) at 9.75%, and red apples at 7.24%.

The figures were listed in a DOSM report, "Analysis of Annual Consumer Price Index, Malaysia, 2025".

According to the report, which

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was released on April 29 this year, Malaysia's overall inflation eased to 1.4% last year, compared to 1.8% in 2024.

Some items in the report saw a drop in average prices.

The biggest was for local white rice, better known as Super Special Tempatan 5% rice (SST 5%), which recorded an 18.9% reduction.

The average price for a 10kg bag of SST 5% rice went down by RM6.89, from RM36.50 in 2024 to

RM29.61 last year.

Bird's eye chilli was second with a 7.6% drop, while this was followed by Grade C chicken eggs (-6.9%), seedless watermelons (-6.7%), and Grade B chicken eggs (-5.6%).

Several items, including beef and large onions, were excluded from *The Star's* analysis, as these items had material specification, unit, or sourcing changes between the 2024 and 2025 DOSM publications.

Meanwhile, dental extraction saw the biggest increase in average price among 15 items in the list placed under the "Goods and Services" category.

The price for tooth extraction went up by 4.6% or RM4.10, from RM89.42 in 2024 to RM93.52.

Second were men's haircuts, with a 3.1% rise, from RM14.97 to RM15.44.

Pricier on the plate

Food items with the biggest increase in average prices



Item	Unit	2024 (RM)	2025 (RM)	Price difference (RM)	Change (%)
Grated coconut	kg	8.33	11.49	3.16	37.9
Fresh coconut milk	kg	11.54	15.36	3.82	33.1
Lemon	each	1.46	1.75	0.29	19.9
Barramundi (ikan siakap)	kg	18.98	20.83	1.85	9.7
Red apple	each	1.52	1.63	0.11	7.2
Yellow stripe scad (ikan selar kuning)	kg	12.91	13.67	0.76	5.9
Guava	kg	6.99	7.4	0.41	5.9
Green apple	each	1.46	1.53	0.07	4.8
Sardine (ikan selayang)	kg	11.65	12.15	0.5	4.3
Indian mackerel (ikan kembung)	kg	16.33	16.94	0.61	3.7

Easier on the wallet

Food items with the biggest drops in average prices



Item	Unit	2024 (RM)	2025 (RM)	Price difference (RM)	Change (%)
Rice SST 5%	10 kg	36.5	29.61	-6.89	-18.9
Bird's eye chilli	200 g	3.14	2.9	-0.24	-7.6
Chicken egg Grade C	10	4.22	3.93	-0.29	-6.9
Watermelon, seedless	kg	3.75	3.5	-0.25	-6.7
Chicken egg Grade B	10	4.49	4.24	-0.25	-5.6
Cauliflower	kg	10.47	9.89	-0.58	-5.5
Siew pak choy	kg	7.35	7	-0.35	-4.8
Chinese kale	kg	8.76	8.42	-0.34	-3.9
Wheat flour	kg	3.5	3.37	-0.13	-3.7
Cucumber	kg	4.31	4.16	-0.15	-3.5

Source: DOSM

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